**“They Shall Rest from Their Labor!”**

**Hebrews 4**

In **Numbers 14:20-22**, The Lord [said to Moses], “…As surely as I live and as surely as the glory of the Lord fills the whole earth, not one of the men who saw my glory and the miraculous signs I performed in Egypt and in the desert but who disobeyed me and tested me ten times—**not one of them will ever see the land I promised on oath to their forefathers**. **No one who has treated me with contempt will ever see it.** But because my servant Caleb has a different spirit and follows me wholeheartedly, I will bring him into the land he went to, and his descendants will inherit it.”

**Hebrews 3:19** says, “So we see that they were not able to enter, because of their unbelief.”

**UNBELIEF** IS THE UNPARDONABLE SIN!!

**Four aspects of God’s rest:**

1. **Be careful** not to miss it! Verses 1-2
2. **We enter** into God’s rest **by faith**! Verse 3-5
3. God’s rest is **still available!** Verses 6-7
4. God’s **Sabbath rest is here** and it **is coming!** Verses 8-11
5. **Be careful not to miss it! Verses 1-2**

* Any person who **continues in unbelief** and **refuses God’s grace** will never enter Heaven.

**Ezra 8:22** “The gracious hand of our God is on everyone who looks to him, but his great anger is against all who forsake him.”

**Hebrews 10:30-31** For we know him who said, “It is mine to avenge; I will repay,” and again, “The Lord will judge his people.” It is a dreadful thing to fall into the hands of the living God.”

In **Matthew 10:28**, Jesus said, “Do not be afraid of those who kill the body but cannot kill the soul. Rather, be afraid of the One who can destroy both soul and body in hell.”

* The problem with our world today is there is no fear of God.

**Romans 3:18** says, “There is no fear of God before their eyes!”

* Hearing must be **combined** with faith.
* Faith is always accompanied **by obedience**.
* The door to heaven is still open! *The promise of entering his rest still stands.*

1. We enter into God’s rest **by faith**! **Verses 3-5**

* What must you do? When you hear the Word of God, **believe it.** “Today, if you hear his voice, do not harden your hearts!”
* Here’s how simple it is: “Everyone who **calls on the name of the Lord** will be saved.”
* This is why God created us—to know Him and enjoy His rest forever.

1. God’s rest is **still available**! **Verses 6-7**

* The rest that God wants to give to you and me is **rest for our souls.**
* Augustine said, “You have made us for yourself, and our heart is **restless** until it **rests** in You.”
* When Christ came into our world, he opened the door for us to experience God’s rest once again. It’s called a **SABBATH REST**!!
* “Come to me all you who are weary and burdened and I WILL give you rest.”

1. God’s Sabbath rest is here and it is coming! **Verses 8-11**

**Dr. John MacArthur** writes, “The entire purpose of the Bible and the entire working of God in human history have one theme: bringing man back into His rest.”

* When we come to Jesus by faith, the Holy Spirit, also known as **the Comforter**, invades our spirit. In that moment, we are born again and we enter into God’s rest.
* However, God’s rest in the here and now is NOT the final rest.
* The real Sabbath rest, a believer will NOT experience until the moment of death.
* That rest, which he will enter then, will be like no other rest he has ever experienced.
* It will be the rest that one can only experience in Heaven in the full presence of God.

**Revelation 14:13** speaks of this rest. John writes, “Then I heard a voice from heaven say, “Write: Blessed are the dead who die in the Lord from now on.” “Yes,” says the Spirit, “**They will rest from their labor**, for their deeds will follow them.”