Why are you Afraid ? Mark Lesson 9

**Lesson 9 – Why are you Afraid ?**

**Mark 4:35 - 5:20**

**Day 1 – Review**

1. What challenged or encouraged you from the lecture, and how did it help you   
in your Christian walk?

2. What in the notes helped you to understand God’s Word, and how did you   
apply it?

**Day 2 – Read Mark 4:35-41**

*Please pray before beginning your lesson. A possible verse to pray is I Corinthians 2:12. Lord, I pray today for your Holy Spirit to teach me and enable me to understand the things freely given me by God.*

3. Whose idea was it to “go across to the other side” (Mark 4:35)? Why do you suppose He needed to get away?

4. Describe the scene as the group took off to the other side of the lake. Who did they leave behind? What happened? What was Jesus doing?

5. What did the disciples do? (Mark 4:38)

6. How did Jesus calm the winds and the waves? (Mark 4:39)

7. ***Thought Question:*** In verse 38, how do you think the disciples interpreted Jesus’ sleep in light of the fear they had of perishing?

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8. ***Personal Question:*** Emotional storms can shake us as much as literal ones. When have you felt threatened by a literal or figurative storm? How did you react? Did you question God’s care for you?

*Apply this day: Read 1 Peter 5:6-11 and let God show you how to humble yourself before Him and cast all of your anxieties on Him because He cares for you.*

**Day 3 – Reread carefully Mark 4:35-41**

*Please pray before beginning your lesson today.*

9. Contrast Jesus’ response to the storm with the disciples’ reaction.

10. What did Jesus point out to them as the source of their fears? (vs. 40)

11. Look up Hebrews 11:1 and 11:6. According to these verses, what is faith? (B)

12. ***Thought Question:*** Faith means believing Jesus is who He says He is and placing our confidence in Him. What do you learn from the following verses about who Jesus is and His divine power over nature?

John 1: 1-3 –

Hebrews 11:3 –

Psalm 33:6-9 –

13. According to Romans 10:17, how do we build up our faith?

14. ***Personal Question:*** The disciples were awed by the power of the storm and knew it could take their lives. However, they were not yet awed by the power of Jesus. What did they ask in verse 41, and how does this reflect a change in their thinking? How might a lack of knowing who Jesus is be paralyzing your trust in Him?

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*Apply this day: As our faith grows, our trust in Him grows and our fears lessen. Fix your eyes on Jesus and not on your storms. Ask God to grow your faith in Him, and trust Him and His words, and He will deliver you from your fears. Psalm 112: 1&7, Isaiah 26:3*

**Day 4 – Read Mark 5:1-20**

*Please pray before beginning your lesson today.*

15. What happened immediately upon Jesus arrival in the country of Gerasenes?

16. Read verses 3-5 and describe the state of this man.

17. ***Thought Question:*** This story presents us with a picture of the occult and the demonic and the oppression of mankind by these evil forces. Do you see demonstrations of these forces in the world today?

18. Contrast verse 4 with verse 15. What does this tell you about Jesus power over the demons?

19. What do you learn about demons from James 2:19?

20. What separates the demons’ belief in Jesus Christ from a Christian’s belief in Jesus Christ? Use 1 Peter 3:15 (focus on the first sentence) and Deuteronomy 6:5 to help you with your answer.

*Apply this day: Thank Jesus for His Almighty power over all the forces and events of your life. Proverbs 18:10 “The name of the LORD is a strong tower; the righteous run to it and are safe*

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**Day 5 – Reread Mark 5:1-20**

*Please pray before beginning your lesson today.*

21. According to verse 13, what happened after Jesus gave the unclean spirits permission to enter the pigs?

22. ***Thought Question:*** Why do you think Jesus wanted the man (and others) to witness the destruction of the swine and the demons that inhabited them?

23. From verses 15-19, how did the people react to Jesus’ compassion? What was Jesus response?

24. ***Thought Question:*** While fearful reverence and awe are appropriate in the presence of Jesus, what do you think motivated the townspeople’s fear of Jesus?

25. Jesus refused the healed man’s request to join Him. Why do you think Jesus told the man to return to his friends and proclaim what Jesus had done for him? (H*int: what was different about this region from the other places where Jesus had healed people? See verse 20)*

26. ***Personal Question:*** Are you intentional about telling your friends “how much the Lord has done for you and how He has had mercy on you”? How can you personally apply this verse this week?

*Apply this day: Be bold with your faith today. Redeemed people have a testimony (a personal story to tell) of how much the Lord has done for us, and we need to share the hope we have received from God with others!*

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**Day 6 – Reread Mark 5:18-20 (SOAP)**

*Please pray before beginning your study.*

**Scripture** – *Write the verse.*

**Observation** – *Record something you learned from this verse*. *Possible questions to ask for observation: What principle do I learn? What warning should I heed? What commandment should I obey? What aspect of God’s character do I see?*

**Application** – *How can I apply this verse to my life?*

**Prayer** – *Pray to God, praise Him, and ask Him for what you need in response to what you learned. Write down your prayer.*