

## **Lesson 1 – The Way of the Cross**

### **Review of Mark 1-8**

#### **Day 1 – Review**

1. What challenged or encouraged you from the lecture, and how did it help you in your Christian walk?

#### **Day 2 – Skim Mark 1 & 2**

*Please pray before you begin each day's questions. One possible prayer to pray is Psalm 51:1, "Create in me a pure heart O God, and renew a steadfast spirit within me".*

2. In the beginning of Mark 1, who did God send to announce that Jesus was coming? And what was he preaching to the people? (See Mark 1:4 for your answer.)

3. Jesus came to proclaim the good news of God. What is Jesus' good news message recorded in Mark 1:15?

4. **Personal Question:** In Mark 1:35, what does it say Jesus did? Jesus is our perfect example, and if He needed to get up early to be alone in prayer, how much more must we need this? How are you depending upon God through prayer to teach and lead you in this Bible study? What are your prayer habits or what do you hope they will be?

5. Read carefully Mark 2:3-12. According to verse 8, what does Jesus know in His spirit about people?

6. What two miracles does Jesus perform in Mark 2:3-12 that reveal His complete authority here on earth? (See verses 10-11 for your answer.)

7. **Thought Question:** Some teachers of the law (the Old Testament) were thinking, “Who can forgive sins but God alone?” Why, then, do you think they failed to recognize Jesus immediately when they heard Him forgive the man and heal him?

**Apply this day:** *There is no better time than today to repent and believe the good news. Take time to pray and depend on God to teach you His truths. Remember He knows your heart, and He alone can forgive your sins and heal you.*

### **Day 3 – Skim Mark 3, 4 & 5**

*Please pray before beginning your study.*

8. Looking closely at Mark 3:1-5, we see Jesus in the synagogue on the Sabbath where there was a man who needed healing. Did Jesus heal him? What could Jesus see going on *inside* of those looking to accuse Him? (verse 5)

9. Read carefully Mark 4:13-20. This parable describes how a person hears and receives the words of God. Jesus stresses the importance of this parable and says if you don’t understand this one you cannot understand the rest. Describe the 4 types of hearers of God’s Word (which reveals their hearts towards God).

a. verse 15-

b. verses 16,17-

c. verses 18,19-

d. verse 20-

10. **Thought Question:** How we hear the word of God is dependent on the condition of our hearts. What do you learn from the following scriptures about preparing our hearts and accepting what we hear?

a. Psalm 51:1,10:

b. James 1:21-22:

11. Please read Mark 5:22-24; 35-42. Jairus came to Jesus pleading for his daughter to be healed. What words did Jesus encourage Jairus with in vs 36? What happened in verses 41-42?

12. **Personal Question:** Jairus placed his hope in Jesus and purposefully went to seek Him. When Jairus heard negative comments, he turned away from them and chose instead to listen to and believe Jesus' words. What can you learn from Jairus and put into practice in this new year of Bible study?

***Apply this day:*** *Jesus knows and understands our hearts. Ask the Creator of all to create in you a pure heart to hear His voice above all others. Ignore ungodly voices, and do not be afraid; just believe.*

### **Day 4 – Skim Mark 6 & 7**

*Please pray before beginning your study.*

13. Read carefully Mark 6:7-12.

- a. What is Jesus giving His disciples authority to do according to verse 7?
- b. What message did they preach? (verse 12)
- c. What were the disciples to do if people did not welcome them or listen to them? (verse 13)

14. Look closely at Mark 7:6-8 where Jesus warns the Pharisees and us. What is the warning He repeats from Isaiah and summarizes in verse 8?

15. **Personal Question:** Jesus warns us to not replace God's commands with men's traditions. How can we know the difference? Do you take the time daily to seek to know God so you are able to recognize His words of truth?

16. According to Mark 7:20-23, what does Jesus tell us comes out of men's hearts?

17. **Thought Question:** Since we know that "evil things come from within" (Mark 7:23), how does God's Word teach us to pray and enable our hearts to be receptive to His forgiving, healing words? See the following verses to help you with your answer:

Psalm 139:23,24-

1 John 1:9

2 Timothy 2:22-

***Apply this day:*** *Jesus longs to forgive you, to heal your heart, and then empower you to lead a righteous loving life in Him. Ask God to activate His Word in you, giving you ears to hear, eyes to see, and a heart to seek Him.*

## **Day 5 – Skim Mark 8**

*Please pray before beginning your study.*

18. Read carefully Mark 8:27-29. Jesus asks His disciples "Who do the people say I am?" And then He asks them personally the most important question on earth. What is that question according to verse 29? [Note: In some translations, this is in the form of two questions.]

19. **Personal Question:** Every person will have to answer this question and stand before God with their answer. What about you -- who is Jesus and who is He to you personally?

20. **Thought Question:** Carefully read the verses in Mark 8:34-38. In these very important verses, Jesus is calling the crowd, His disciples and us to do something. What do you think Jesus is telling us to do according to verse 34?

21. In verse 34, Jesus says if we are His followers, we must be willing to deny ourselves, submit to His Lordship over our lives, and allow Him to lead us in His ways. How does He explain this truth in verse 35?

22. Can we do anything to save our life according to verse 35? Can any amount of works or success in this world save a man's soul? See verses 36-37

23. Write out Romans 1:16 and read it along with Mark 8:38. How important is it to not be ashamed of Jesus Christ and His gospel message? What does this verse say the Son of Man will be to those who are ashamed of His words?

**Apply this day:** *Jesus Christ is the Savior of the world available today for all who will come. He tells us we must deny ourselves and give Him lordship over our lives. Surrender yourself to God through Jesus Christ, and ask him to be your Savior and your Lord.*

### **Day 6 – Reread Mark 8 :34-35 (SOAP)**

*Please pray before beginning your study.*

**Scripture** – *Write the verses.*

**Observation** – *Record something you learned from these verses. Possible questions to ask for observation: What principle do I learn? What warning should I heed? What commandment should I obey? What aspect of God's character do I see?*

**Application** – *How can I apply these verses to my life?*

**Prayer** – *Pray to God, praise Him, and ask Him for what you need in response to what you learned. Write down your prayer.*